



CHURCH OF THE ASSUMPTION

51 WEST 7TH STREET • ST. PAUL, MINNESOTA 55102 • 651-224-7536

February 4, 2024

- *Today's Mass*

Fifth Sunday in Ordinary Time

- *Sunday Masses*
8, 9:30, 11am, 12:30pm
- *Saturday Masses*
7:00am, 5:00pm
- *Weekday Masses*
Monday through Friday
7:00am, 12 noon
- *Holy Day & Holiday Masses*
Please see weekly Mass schedule
- *Confessions*
Monday through Friday,
11:15-11:45am and
Saturdays, 4pm
- *Baptisms*
Sundays following the
12:30pm Mass
- *Matrimony*
Membership in parish for
at least one year prior to
marriage plans
- *Devotions*
Mother of Perpetual Help
Tuesdays & Sacred Heart
on Fridays at 11:45am

LENTEN SEASON 2024

Ash Wednesday

The Lenten season begins with Ash Wednesday on Wednesday, February 14. There will be the blessing and distribution of ashes during the masses at 7:00am, 10:00am, 12:00pm and 5:15pm. Please note there will be no confessions on Ash Wednesday.



Lenten Abstinence & Fasting

All who have reached their 14th birthday are asked to abstain from eating meat on Ash Wednesday and on all Fridays during Lent. All those between the ages of 18-59 are asked to fast on Ash Wednesday and Good Friday. One full meal and two lighter meals are allowed on days of fast. The obligation does not apply to those whose health or work would be seriously affected.

Soup Lunches

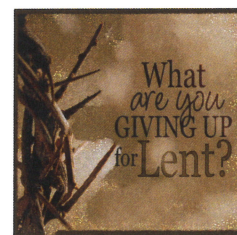
Wednesdays in Lent following the 12:00pm mass in the lower church beginning February 21. Watch the bulletin for details.

Stations of the Cross

On each Friday during Lent at 3:00pm in the church.

How to Fast

Fast from judging others; *Feast on Christ dwelling in them.*
Fast from apparent darkness; *Feast on the reality of light.*
Fast from thoughts of illness; *Feast on the healing power of God.*
Fast from words that pollute; *Feast on phrases that purify.*
Fast from anger; *Feast on patience.*
Fast from worry; *Feast on unceasing prayer.*
Fast from negatives; *Feast on positives.*
Fast from complaining; *Feast on appreciation.*
Fast from hostility; *Feast on nonresistance.*
Fast from bitterness; *Feast on forgiveness.*
Fast from anxiety; *Feast on hope.*
Fast from yourself; *Feast on a silent heart.*



Upcoming Events

- *Religious Education Class.*
The next class is Saturday, February 10.
- *Baptism Preparation classes* will be held after the 9:30am Mass in the lower church. The next class is Sunday, March 3. Call the parish office to schedule a baptism or to sign up for a class at 651-224-7536.
- *Prayer Shawl Ministry.*
The Prayer Shawl Ministry is a group of parishioners who knit, crochet, or sew blankets for baptisms here at Assumption. The next meeting will be Sunday, February 11 in the lower church. For information call Tammy at 651-442-0544.
- *Loaves and Fishes.*
Assumption parishioners will serve dinner at Catholic Charities February 20.

We Welcome into Our Community

The following children being baptized at Assumption:

Harrison Leo Hood, child of Spenser and Allison Hood;
Quinn McCarthy Brady, child of William and Sydney Brady.



We Extend our Sympathies

To the family and friends of Matthew McGuire and who has passed away.
“Eternal Rest grant unto them O Lord, and let Perpetual Light shine upon them.”

It's not too late to sign-up for Lenten Small Groups



This Lent and one week after Easter, enjoy the opportunity of deepening faith, community and good conversation through the experience of a small group. Sign-up sheets with more information including topics and times are available after Mass in the back of the Church. You may visit the parish website assumptionsp.org to sign up online. The deadline for signing up is Wednesday, February 7. We will begin the week of February 18 and each session will last no longer than ninety minutes.

Once you sign up, you will be contacted and given information on where your group will meet. If you have any questions please contact Mary Weyandt at mweyandt@assumptionsp.org or Jill Bueno at jbueno@assumptionsp.org.

Catholic Services Appeal



As parishioners of Assumption, you will be receiving a mailing from the Catholic Services Appeal in the next few weeks requesting your support for the 2024 appeal. Your donation helps to support several ministries within our 12 county Archdiocese. This week pamphlets are located in the pews that details some of the ministries that receive funding as well as how you can donate. Please prayerfully consider making a pledge to this year's appeal. For more information, visit the Catholic Appeal's website at hope.archspm.org or use the QR code.



Keystone Food Mobile

Volunteers are needed for the Keystone Food Mobile, Assumption's long-time ministry partner. Help distribute food to Keystone clients who come to the truck to “shop”. The truck is located at Central Towers, two blocks east of Assumption and available shifts are usually the third Thursdays and Fridays 10:00am-12:00pm each month. For questions or more information please contact Frances via email at outreach@assumptionsp.org. You can sign up directly with the sign up genius link. <https://www.signupgenius.com/go/10C0B4CAAFF2EA1F5CF8-46972682-keystone>



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 - *Deacon*
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Cindy Smetana
 - *Maintenance*
Bill Tierney
 - *Wedding & Volunteer Coordinator*
Mary Weyandt
- Special thanks to:**
- *Snow Plowing*
Joseph Vogel
 - *Parish Historian*
Dave Brown
 - *Landscaping*
Brian Christopherson

Spring 2024 Speaker Series

Assumption's *Center for Catholic Social Thought* is pleased to announce our Spring Speaker Series on the topic of *Rebuilding Catholic Community*.

February 15: "Why Church Community & Why Don't We Have Any?".
Featuring Colin Miller and Fr. Byron Hagan.

February 22: "Dorothy Day & Catholic Community".
Featuring Renee Darline Roden and James Murphy.

February 29: "Community & Parish Life".
Featuring Bishop Joseph Williams.

March 7: "How to Build Thick Community".

Featuring Leah Libresco Sargeant, author of *Building the Benedict Option*.

The talks are free, open to the public, and include a reception. Visit the series registration page at Catholicsocialthought.org and click on "register here".



Center
for
Catholic
Social
Thought

Weekly Mass Intentions

Sunday, February 4	8:00am	†Ethel McCarron
<i>Fifth Sunday in Ordinary Time</i>	9:30am	†Maureen Nieman
	11:00am	Parishioners
	12:30pm	†Shirley & †Richard Donovan
Monday, February 5	7:00am	Rose Family
<i>Saint Agatha</i>	12:00pm	Brooke Medama
Tuesday, February 6	7:00am	†Susan Hamlin Hatch
<i>Saint Paul Miki</i>	12:00pm	†Sean Maher
Wednesday, February 7	7:00am	†Josephine Davi
	12:00pm	†Roger Drawing
Thursday, February 8	7:00am	Jim Mollner
	12:00pm	†Bert McKasy
Friday, February 9	7:00am	†Steven Alt
	12:00pm	Kait Beaudette
Saturday, February 10	7:00am	†Said & †Ann George
<i>Saint Scholastica</i>	5:00pm	Parishioners
Sunday, February 11	8:00am	†John & †Bill Roach
<i>Sixth Sunday in Ordinary Time</i>	9:30am	†Anthony Garofalo
	11:00am	†Michael Mrozinski
	12:30pm	James, Kristin & Bridget Schoffman



Marian of Saint Paul

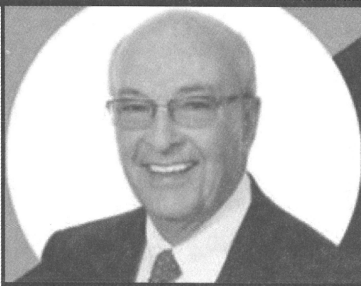
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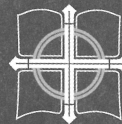


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